

Queen City Urology, APMC

Preparation for Transrectal Ultrasound of the Prostate with Biopsy

1. Take two Dulcolax tablets the afternoon before your procedure. You may get these at your local drug store without a prescription.
2. Early on the morning of your procedure, give yourself a Fleets enema to clean out the rectum.
3. You will be given a prescription for antibiotics to begin taking prior to your procedure. You will begin the antibiotic as instructed the day before your biopsy, the morning of your biopsy and the day after your biopsy. You will also be given an antibiotic injection the morning of the procedure. Despite this, some men still experience an infection. Be sure to notify your doctor if you have been on any antibiotics 3 months prior to the procedure as he may wish to change your prescription.
4. Please tell your doctor if you are taking any aspirin, blood thinners, or arthritis medication. Please do not take any aspirin or blood thinners for 7 days prior to the biopsy, unless otherwise instructed by your physician. All other medications should be taken as prescribed.
5. The evening before the procedure you may eat a light meal – for example: soup, applesauce, or Jell-O. The morning of the procedure you may eat a light breakfast – for example: toast and coffee. Please take your routine medicines. Don't come to the office for your procedure on an empty stomach.
6. It is advisable to bring someone to drive you home if at all possible.

What to expect following a Prostate Ultrasound and Biopsy

1. You will see some blood in the urine or stool for a few days following the procedure.
2. You may see blood in the ejaculate (semen) for up to 90 days. This is **normal**.
3. Please notify the doctor if you experience:
 - Excessive bleeding in the urine including clots or difficulty urinating
 - Excessive rectal bleeding
 - Fever over 101 degrees
 - Chills or flu-like symptoms within 72 hours after the procedure
4. Be sure you have an appointment to discuss the results of the prostate ultrasound and biopsy about 5-7 business days after the procedure. No results will be given over the phone by the nursing staff. You must see your physician unless other arrangements have been made.